

Grace Space Christian Coaching

GUIDING WOMEN FROM OVERWHELMED TO OVERJOYED



ABOUT GSCC

Grace Space Christian Coaching exists to provide an inspirational and judgement free space for women to grow.

A space where you can transform from overwhelmed to overjoyed.

Our Mission:

To enable Christian women, through God, to experience the fullness of what He has in store for them.

Our Vision:

To guide Christian women towards courageously pursuing intentional lives, while deepening their faith and more fully loving God, themselves, and others.

Scripture Inspiration:

- I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. (John 15:1-2)

- Where there's no vision, the people perish. (Proverbs 29:18)

- I can do all things through Christ who strengthens me. (Philippians 4:13)

WHAT IS COACHING

Are you ready to transform from overwhelmed to overjoyed? Do you long for more energy and greater focus? Do you want to try something new and different, but are unsure of what that might look like, or how to take the first step? Are you ready for changes that will not only transform your life, but can also benefit those around you? Coaching is for YOU. Transformation IS within reach, and you CAN make it happen.

We'll talk through who you are, and how that can help you get to where you want to be. I'll ask you questions, ones that sometimes might stop you in your tracks. We'll uncover what you might need to let go of, and what you need more of in your life. We'll create a plan of action that will work for you, and plan for how you can work through obstacles that you might encounter. Throughout the coaching process, you can also expect me to hold you accountable. Coaching requires your commitment and dedication to work.

I'll provide you with lots of encouragement through this period of growth (this is one of my favorite parts of being a coach!). I know first-hand that recognizing your strengths can help you discover success like you've never imagined. You'll experience results that will surprise you in the best possible way.

BENEFITS OF COACHING

- Get clear on your goals, values, and dreams
- Increase self-awareness
- Live life with greater intention
- Experience the positive impact for you and those around you

Read all about past client successes at [gracespacechristiancoaching.com/testimonials!](https://gracespacechristiancoaching.com/testimonials/)

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TYPES OF COACHING

Transitions: Gracefully adjust to life changes (e.g. a new job, moving, relationships).

Life Purpose: Discover how to use your talents in a way that will bring you joy like you've never experienced before.

Life Balance: Live your life in a way that honors what's most important to you.

Spiritual Growth: Deepen your relationship with the Lord in a way that will forever change you and those around you.

Career: Explore work-related challenges in a safe space to accelerate your growth.

Mindset: Develop a new way of thinking that will propel you forward in the best possible way.

NEXT STEPS

Are you ready to start living the life that you've always imagined? (I am so excited for you!)

The most amazing things are accomplished just one step at a time. Take that first step today.

Set up your free 30 minute clarity call to learn more about coaching, and explore how it can propel you to success. I can't wait to talk with you soon :)

Reserve your free session at gracespacechristiancoaching.com/contact!



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ABOUT ALEXANDRA

Alexandra is a wife, sister, daughter, friend, and most importantly, a follower of Jesus. She is incredibly grateful for the love, life, and hope He provides, and finds great joy in sharing His goodness with others.

Alexandra obtained her coaching credentials from the Christian Coach Institute, accredited by the International Coaching Federation.

She also holds an MS in HR Development and BA in Psychology from Villanova University, and has worked with various companies in several industries over the past 8 years.

Alexandra's passion is to work with Christian women to help them live life on purpose. She finds great joy in partnering with her clients to identify and align their values with goals that are especially meaningful to them. She is thrilled to walk alongside Christian women (just like you!) to accomplish this through coaching.

Walk through the scary spaces with Alexandra, and build the life HE has planned for you all along.

